



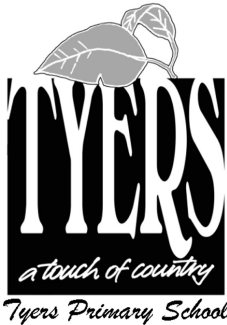
Tyers Primary School Newsletter



Term 1 Number 1

Monday 1st
February, 2016

From the Principal



Dates to Remember

- Tuesday 9th February - Welcome BBQ 5.30pm
- Thursday 11th February - Responsible Pet Ownership Program
- Tuesday 23rd February - School Council Meeting 5.30pm
- Wednesday 24th February - Water Experience Traralgon Pool
- Thursday 3rd March - Athletics Sports
- Monday 14th March - Labour Day Holiday (no school)
- Wednesday 16th March - Glengarry & District Athletics
- Thursday 24th March - Last Day Term 1 2.30pm dismissal
- Monday 11th April - 1st Day Term 2
- Wednesday 25th - 27th May - 3/4 Camp

Start of the year

Welcome to our new students and families this year. We look forward to a successful partnership in supporting and creating life long learners. The students have started the year with enthusiasm and kindness to others. Well Done!! A welcome BBQ will be held next Tuesday. The classrooms will be open from 5.30pm to 6.00pm which allows you to informally meet and talk to the classroom teachers, followed by a bbq dinner and dessert.

Attendance

If your child is absent from school for any reason parents must provide a reason to the school via a signed note, email (tyers.ps@edumail.vic.gov.au), phone (51918260) or uEducateUs.

School Uniform, jewellery, hair, Sun Smart, electronics and medications

Tyers Primary School requires all students to wear school uniform each day. These are available from the school office. If your child is out of uniform please provide a note explaining why.

Students are reminded that they should not wear jewellery to school for safety reasons and if they have their ears pierced they should only wear small sleepers or studs.

All students who hair is shoulder length or longer are required to have their hair tied back.

Tyers Primary School is a Sun Smart school and students are required to wear a school wide brimmed hat whilst outside during Terms 1 & 4. Students are discouraged to bring mobile phones, iPods and other similar items to school. If students need to bring these items to school for any reason they must be handed into the office in the morning and may be collected at the conclusion of the school day.

If students require medications at school these should be sent along in the proper medical container, have the name of the student on it, the recommended dosage and time for administration and be within the expiration date. Students who require an asthma puffer at school need to ensure that the puffer is clearly labelled with the student's name.

The school does not have insurance to cover medical or ambulance attendance. Parents can take insurance for accident and ambulance cover.

Essential Items

Please note essential item charges are to be paid by **26th February**.

Encouraging students to be *the best* they can be!

Working with Children's Check

We encourage parents to provide support in many areas of our school including classroom help and assisting with fundraising activities ie hot lunches etc. To volunteer within a school it is a minimum requirement that you hold a current Working with Children's Check. You can apply for one free of charge at Australia Post. If you have a current WWCC please bring it to the school office for copying and placing on file. If you do not have a valid WWCC, please apply for one so you are able to assist around the school. Application forms are available from the school office.

Lunch Orders

Each Friday the students have the opportunity to have a lunch order provided from the 'Hot Lunch Ladies' in Traralgon. Orders must be at school by Wednesday afternoon. No late orders can be accepted.

uEducateUs

This year we will be using uEducateUs again for communication between school, students, teachers and parents/carers. If you have need a new password please contact Lee-Anne in the office. Parents/carers of new students will receive their login details today. The mobile app can be downloaded from the app store or play store or login can be done directly through their website at www.ueducateus.com.au.

Preps – No School On Wednesdays For February

Just a reminder to parents of Prep students, that for the month of February, Preps are not required at school on a Wednesday.

Changes to class times

This year we have made some changes to the start of day times to allow students to be ready for learning at 9am. The school times are as follows;

- 8.47am - music for class preparation
- 8.50am - Monday—assembly, Tuesday to Friday—Auslan
- 9.00am - class starts
- 10.00am - healthy snack
- 10.55am - recess
- 11.25am - class
- 12.45pm - Brain challenges/eating lunches
- 1.00pm - lunch recess
- 1.30pm - class
- 3.00pm - dismissal

School Council Nominations

We have 4 parent vacancies on school council that require filling. We meet twice a term. Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on the school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

If you may be interested in joining Tyers Primary School Council, please contact the school office as soon as possible.



Developing friendship skills in children

Michael Grose

Research into children's friendships shows that those children who are able to form friendships at school are far happier and also learn better. More significantly, a positive beginning to friendships has long-term implications for social and academic success.

Studies also indicate that children can be taught friendships skills. The strategies are simple and revolve around teaching children a range of friendly behaviours, such as:

- talking with others while playing,
- showing an interest in others,
- smiling,
- offering help and encouragement when needed,
- a willingness to share, and
- learning how to enter a game or social situation.

It is also useful to teach children alternatives to fighting and arguing when there is disagreement and conflict within groups.

Gender impacts on the ability to make friends. Recent research has found that girls are further advanced along the stages of friendship than boys.

Gifted children are further advanced along the continuum of friendship behaviours than their peers. They look for more intimate friendships at a far younger age than their peers. This challenges the perception that gifted children have poor social skills. It seems that they have a different concept of friendships than those around them.



It is healthy for children to form friendships inside and outside of school and their regular day settings. It seems that having friends outside school can be quite an insulating factor to teasing and bullying that can occur within the school gate.

Parents often become concerned about an apparent lack of friends that a child has compared to a sibling or a friend. One research project indicated that children on average have only two significant friendships at any one time. Anecdotal evidence suggests that second born children frequently have more friends than first borns and only children prefer one-on-one friendships to group relationships.

Generally, parents need to do little more than teach children sociable behaviours, such as manners and sharing, and provide social situations for children to build and maintain friendships. However some coaching on how to make and keep friends may be useful when children have difficulty in this area.

Try This . . .

PUTTING IT INTO PRACTICE

To promote friendship skills in children try the following four strategies:

1. Help them start up a conversation. Give them some good conversation starters. Make sure they don't talk about themselves but focus on what interests others.
2. Play games with children and make sure they learn to be gracious winners and good losers.
3. Have one friend at a time over to your home so that they can form friendships one at a time.
4. Show children how to resolve conflict with others by compromising rather than refusing to give some ground.

Action Plan

First Step . . .

Next Step . . .

For more ideas about developing friendship skills in your children visit www.parentingideas.com.au

What's your child like?

Does your child behave like a good friend?

DOES HE

1. Usually hold confidences that others may give? **Yes 2 No 0**
2. Move on easily if conflict occurs rather than sulk or hold grudges? **Yes 2 No 0**
3. Usually have a positive outlook and show enthusiasm about most things? **Yes 2 No 0**

4. Know how to share his time, space and possessions with others? **Yes 2 No 0**

5. Give and receive compliments easily? **Yes 2 No 0**

SCORE:

- 10:** A friendly child. Probably very popular with peers.
- 6-8:** Knows how good friends act but may need to work on skills or attitude.
- 0-4:** Maybe a little self-centred. May need more exposure to a variety of social situations and help with basic friendships skills.

Quote

'Do not protect yourself by a fence, but rather by your friends.'

Czech proverb

parentingideas.com.au

TYERS PRIMARY SCHOOL SCHOOL LUNCH MENU

(Friday's)

The Lunch Order Ladies

Rebecca 0432 018 721

Hot Food	
Please note Tomato Sauce 30c No money no sauce	
Lasagne/Spagetti/Mac Cheese	4.50
Fried Rice	4.50
Traveller Pie	3.00
Pizza Muffin (Pine/Tom)	3.00
Toasted Wrap	4.50
Steamed Dim Dim	.90
Mini Chicken Dim Sim (6)	3.00
Hot Dog	3.00
Sausage Roll	3.00
Steamed Franks & Sauce (3)	2.50
Steamed Franks & Sauce (6)	4.50
Cheese Burger	3.50
Plain Burger	3.00
Hot BBQ Chicken & Mayo Roll	4.50

Sandwiches	
Ham/Chicken	3.00
Egg/Cheese/Vegemite	2.50
Add Roll/Pita/Cheese	0.50
Per Salad Item	0.40
Add Full Salad	1.50

Snacks	
Carrot/Cheese Sticks	1.00
Piece of Fruit	1.00
Boiled Egg	1.00
Fruit Salad	3.00
Yogurt	1.50
Yogurt Pop	1.20
Cheese/Biscuits	1.50
Popcorn	1.50
Fruit Salad/Yogurt	4.00

Drinks	
Apple/Tropical Juice/OJ	1.50
600ml Water	2.00
Chocolate/Strawberry	2.50
Chocolate/Strawberry	3.50

HOW DO I ORDER MY SCHOOL LUNCH?

STEP 1: PLEASE WRITE CHILDS NAME AND GRADE CLEARLY ON THE FRONT OF THE BAG.

STEP 2: WRITE YOU ORDER UNDERNEATH NAME AND PLACE CORRECT MONEY IN THE BAG.

NOTE: SUBSTITUTE WILL BE GIVEN IF ITEM IS UNAVAILABLE

Orders must be at school by the end of the day each Wednesday